



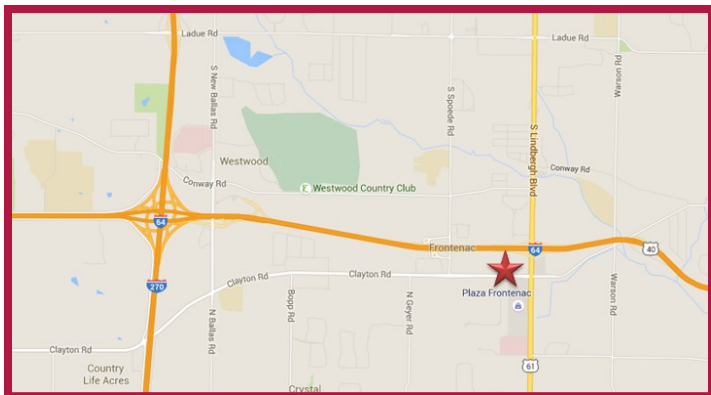
ST. LOUIS AN SAMHRA FEIS

The Clarkson School of Irish Dance
Proudly presents and sponsors the

St. Louis An Samhra Feis

Saturday July 27, 2024

St. Louis Hilton Frontenac
1335 S. Lindbergh Blvd.
St. Louis MO 63131



AN SAMHRA FEIS INFORMATION

Online registration open up to Monday July 8.

www.QuickFeis.com

600 Beginners-Open/Prizewinner
150 Preliminary/Open Champions

Feis Registration
Friday Evening: 4:30 pm - 7:30 pm
Saturday Morning: 8:00 am

Feis Begins Promptly at 9:00 am

Art and Craft Competitions on Saturday

**After July 8 all registration and changes
must be done in person at the Feis.**

GRADES EXAMS

St. Louis An Samhra Feis is offering grade exams on
Friday July 26, 2024

from 8:00 am to 4:00 pm.

See the last two pages of this syllabus for details.

HOTEL INFORMATION:

St. Louis Hilton Frontenac - \$159

(Feis uses this hotel's conference facilities)

1335 South Lindbergh Blvd

St. Louis, MO 63131

(314) 993-1100 - (800) 325-7800

- Hotel reservation deadline is June 25
- Complimentary hotel shuttle service to/from Lambert Airport is available (7am-11pm).
- Free Parking
- Outdoor Pool - Fitness Center - Sauna
- Reservations can be made by calling hotel directly at (314) 993-1100.
- The block is under St Louis An Samhra Feis & Friendship Feis for those who will be calling in. The group code is IRD24.
- <https://www.hilton.com/en/attend-my-event/stlfhfh-id2024-0227d357-73a7-455c-a10e-2175799afe6/>

An Samhra Feis

REGULAR ENTRY FEES

US Funds ONLY – Payment due at time of registration. Online registration will accept credit card payment only
Sorry - no checks will be accepted at any time.

UP TO July 8

Family Fee (per family)	\$ 25 <i>per family</i>
Solo Dancing Art / Baking / Adult	\$ 15 <i>per competitor per comp</i>
Preliminary Championship	\$ 55 <i>per competitor</i>
Open Championship	\$ 60 <i>per competitor</i>
Figures / Ceili	TEAM FEE <i>(see details in figure/ ceili section)</i>
Family Max	\$ 150 <i>Charged per family, only up to July 8, event fee and team fees not included</i>
Results	FREE

LATE FEES AFTER JULY 8

After July 8, any changes or new registrations must be made **AT THE FEIS** and will incur these late fees

IN ADDITION TO THE REGULAR FEES ABOVE

CREDIT CARD ONLY.

Sorry - no checks or cash will be accepted at any time.

****NO FAMILY MAX AFTER JULY 8**

	Up to July 8	After July 8
CHANGE Fee – <i>per competitor</i>	FREE	\$ 25
NEW Registration Fee <i>per competitor</i>	NONE	\$ 50

REGISTRATION RULES

- Payment must be made at the time of registration.
- Entries are not valid until full payment is received.
- No personal checks will be accepted at any time.
- Up to July 8 all registration must be done with QuickFeis. No mailed entries will be accepted.
- After July 8 – all registration changes and new registration can only be done AT THE FEIS.
- ONLY CREDIT CARD PAYMENTS ARE ACCEPTED for both online and at feis registrations.
- Please, do not email the feis committee with registration changes, they will not be processed.

AN SAMHRA FEIS RULES

1. Registration changes can only be made:
 - a. Up to July 8 - ONLINE ONLY with QuickFeis – return to your account and up to July 8 you can make your own changes for FREE.
 - b. After July 8, all changes must be made AT THE FEIS and will incur an additional change fee of \$25 to any regular fees.
2. Absolutely NO REFUNDS will be made.
3. No CHECKS or mailed entries will be accepted
4. All registrations must be with QuickFeis up to July 8. After July 8, if the Feis has not capped, new registrations will be accepted AT THE FEIS ONLY with an additional late fee of \$50 per dancer.
5. All individual results/comments (grades and champs) will be available for free directly after the competitions. Grades can get their results at the awards area; champs will get theirs directly after awards are announced. All results will also be available for free online on your QuickFeis account.

**ABSOLUTELY NO REFUNDS
OF ANY KIND AT ANY TIME**

An Samhra Feis

NUMBERING SYSTEM

1 st Digit	LEVEL CATEGORY	Pre-Beginner all begin with "1", BEGINNER 1 with "2", and so forth
2 nd and 3 rd Digits	AGE GROUP	Begins at 01 - So "05" means "under 5", "11" means "under 11", ...
4 th and 5 th Digits (Letters)	COMPETITION TYPE	RL = REEL LJ = LIGHT JIG SJ = SLIP JIG SN = SINGLE JIG/HOP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...
Last Number "2"	SECOND CHANCE	Any competition ending with "2" denotes a second chance competition

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2024	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

TIR NA NOG

Limited to children who have never had Irish dance lessons

	U7
TIR NA NOG	107TNN

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	GIRLS								BOYS							
	U5	U6	U7	U8	U9	U10	U11	O11	U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL	155RL	156RL	157RL	158RL	159RL	160RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ	155LJ	156LJ	157LJ	158LJ	159LJ	160LJ	161LJ	162LJ
SINGLE JIG	105SN	106SN	107SN	108SN	109SN	110SN	111SN	112SN	155SN	156SN	157SN	158SN	159SN	160SN	161SN	162SN
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ								

BEGINNER 1 (BEGINNER)

Beginner 1 dancer is anyone who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

	GIRLS										BOYS							
	U5	U6	U7	U8	U9	U10	U11	U12	O12	U5	U6	U7	U8	U9	U10	U11	U12	O12
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN	255SN	256SN	257SN	258SN	259SN	260SN	261SN	262SN	263SN
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ									
TREBLE JIG	205TJ	206TJ	207TJ	208TJ	209TJ	210TJ	211TJ	212TJ	213TJ	255TJ	256TJ	257TJ	258TJ	259TJ	260TJ	261TJ	262TJ	263TJ
HORN PIPE	205HP	206HP	207HP	208HP	209HP	210HP	211HP	212HP	213HP	255HP	256HP	257HP	258HP	259HP	260HP	261HP	262HP	263HP

An Samhra Feis

BEGINNER 2 (ADVANCED BEGINNER)

A Beginner 2 dancer is anyone who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).
ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

	GIRLS										BOYS									
	U6	U7	U8	U9	U10	U11	U12	U13	O13	U6	U7	U8	U9	U10	U11	U12	U13	O13		
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL		
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ		
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	356SN	357SN	358SN	359SN	360SN	361SN	362SN	363SN	364SN		
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ											
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ		
HORNSPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP		
ST. PATRICK'S DAY	306SP	307SP	308SP	309SP	310SP	311SP	312SP	313SP	314SP	356SP	357SP	358SP	359SP	360SP	361SP	362SP	363SP	364SP		

NOVICE

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
*HORNSPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

PRIZEWINNER

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	GIRLS										BOYS									
	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15	U7	U8	U9	U10	U11	U12	U13	U14	U15	O15
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
*HORNSPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS

An Samhra Feis

**Competitions will be combined as best as possible, including combining boys with girls and/or two adjacent age groups to make groups of 5 or more
In both preliminary and open championship.**

PRELIMINARY CHAMPIONSHIP – 2 ROUNDS

A dancer who wins 1st place in each of the Open dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

BOYS/MEN & GIRLS/LADIES

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIP – 3 ROUNDS

A Preliminary Dancer who wins THREE (3) 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the third win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the third win in the first Feis will not change the dancer's status for the second Feis.

Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance.

Competitions will be combined in groups of 5 when possible per rules (see Championship rules below).

BOYS will be combined with girls if needed.

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

OPEN CHAMPIONSHIP	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>O19</u>
<u>GIRLS / LADIES</u>	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC
<u>BOYS / MEN</u>	760OC	761OC	762OC	763OC	764OC	765OC	766OC	767OC	768OC	769OC	770OC

An Samhra Feis

FIGURES AND CEILI

- There are no restrictions on figure age groups.
- Figure age groups will be determined by the oldest dancer.
- Ceili teams (8 hands) are allowed to repeat dancers at all Mid-America feiseanna in accordance with the world and regional Oireachtas rules.
- Advanced Adult dancers are eligible to compete in Adult ceili and figure competitions.
- Adult Grades, Adult Championship, and Advanced Adult dancers may not compete in youth/&over ceili and figure competitions.
- Youth/& over dancers may not compete in Adult ceili and figure competitions.
- Only ONE team member needs to register and will be charged the TEAM fee for the entire team. The team MUST wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

<i>July 1 – Dec 31</i>	<u>2 HAND</u>	<u>3 HAND</u>	<u>4 HAND</u>	<u>8 HAND</u>
TEAM FEE →	\$ 30	\$ 45	\$ 60	\$ 120
Under 7	207FD	307FD		
Under 8			408FD	808FD
Under 9	209FD	309FD		
Under 10			410FD	810FD
Under 11	211FD	311FD		
Under 12			412FD	812FD
Under 13	213FD	313FD		
Under 15	215FD	315FD	415FD	815FD
Over 15	216FD	316FD	416FD	
Under 18				818FD
Over 18				819FD
Adult	299FD	399FD	499FD	899FD

TREBLE REELS

<i>BOYS/MEN & GIRLS/LADIES</i>	<u>U14</u>	<u>O14</u>
GRADE Treble Reel	514TR	515TR
CHAMPIONSHIP Treble Reel	714TR	715TR

ART AND BAKING

- These will be conducted on Saturday (day of the feis).
- All entries due by 10:00 am and can be picked up at 1:30pm.

	<u>U10</u>	<u>U12</u>	<u>U15</u>	<u>O15</u>
Arts & Crafts	910AC	912AC	915AC	916AC
Baking	910BK	912BK	915BK	916BK

An Samhra Feis

MID-AMERICA REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRP, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. A dancer may not compete in two different levels in the same dance at the same feis (June 1, 2024)

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional

An Samhra Feis

Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Two consecutive age groups, combined into the higher of the two groups, within that grade.
 - b. Three consecutive age groups, combined into the highest age group, within that grade.
 - c. All Boys' grades competitions shall be initially entered in single year age groups within that grade.
 - d. If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
 - i. Double, All Boys, age group into the higher of the two groups within that grade
 - ii. If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the corresponding single year Girls' age group.
 - iii. If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
 - e. 100 and 200 level competitions may be combined as follows:
 - i. Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
 - ii. Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
 - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. **Beginner I** (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c. **Beginner 2** (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. **Novice** Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
 - e. Open **Prizewinner** Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - f. **Adult:**
 - i. An **ADULT GRADES** dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
 - Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions.
 - If a dancer chooses to compete in the youth/& over category after previously competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.
 - To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/& over categories or progress with teacher's permission.
 - ii. A dancer moves into the **ADULT CHAMPIONSHIP** level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission.
 - When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.
 - Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary at teacher's discretion.
 - A dancer competing in Adult Championship may not compete in the youth/& over category.
 - iii. An **ADVANCED ADULT** dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.
 - A dancer competing in **ADVANCED ADULT** may not compete in the youth/& over category.
 - Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.
 - An **ADVANCED ADULT PRELIMINARY** dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or

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more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary.

- When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.
 - An **ADVANCED ADULT OPEN** level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open.
 - When a dancer begins competing in the Advanced Adult Open level, they may not also compete in Adult Championship or Advanced Adult Preliminary (unless a feis opts to combine competitions), nor in youth/& over competitions.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds.
 10. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
 11. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

12. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)
13. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed

to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.

2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. three 1st place wins.
 - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. **PRELIMINARY CHAMPIONSHIPS** are open to those who:
 - a. A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission.
 - b. Have never won 1st, 2nd or 3rd in Open Championship.
 - c. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
4. **OPEN CHAMPIONSHIP** dancers
 - a. A dancer who wins three first place awards will move on to Open Championship at the next Feis they enter, or as soon as the third win is achieved, in any age category, in the following years.
 - b. Only in the case of back-to-back feiseanna (successive days), in which case the third win in the first Feis will not change the dancer's status for the second Feis.
 - c. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), a hard shoe dance, and an open set dance.
5. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.
6. One of the following statements **MUST** be in the feis syllabus:
 - a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will **NOT** be combined.

OR

 - b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls **WILL** be combined.
7. The boys' open championship age categories will match the girls' open championship age categories.
8. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.

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FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
2. There are no restrictions on figure age groups
3. Figure age groups will be determined by the oldest dancer.
4. 8 hand teams are allowed to repeat dancers at all Mid-America feiseanna in accordance with the World and Regional Oireachtas rules.
5. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

7. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
8. Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

9. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
10. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
11. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
12. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022

MODESTY RULES

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Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

THE FEIS WILL NOT GIVE ANY REFUNDS FOR ANY REASON INCLUDING CONSEQUENCES FOR VIOLATIONS OF THESE RULES

An Samhra Feis

GRADE EXAMINATIONS

St. Louis An Samhra Feis is offering grade exams on Friday July 26, 2024. Grade exams are one way to show your dance proficiency outside of a competitive environment. They aim to ensure that dancers at all levels learn the basics of each dance and that each dancer is given guidance on ways to improve his/her dancing. The exams are different from competitions, as the focus is more on the individual. Feedback is given to each dancer, highlighting their good points as well as the things they need to improve. Credits from the grade exams can be applied toward the solo dance portion of the TCRG and ADCRG examination. Dancers do not need to be regular feis competitors in order to participate in grade exams.

Talk to your TCRG/ADCRG if you have questions about the grade examinations. Further information can also be found on the An Coimisiun site here: [http://www.clrg.ie/documents/Grade Syllabus 2013.pdf](http://www.clrg.ie/documents/Grade%20Syllabus%202013.pdf)

Please complete the entry form (see last page) and mail to address with payment. Mailed registration is the ONLY way to register for these Grade exams. QuickFeis is only for the dance and art competitions. Space is limited.

Examiner: John Heinzman

Fees:	Grades 1- 3 fees	\$ 26.25	each grade per person
	Grades 4 - 6 fees	\$ 37.50	each grade per person
	Grades 7 - 10 fees	\$ 52.50	each grade per person

Checks payable to: St. Louis An Samhra Feis
c/o Clarkson School of Irish Dance
14353 Manchester Rd.
St. Louis, MO 63011

Location: Clarkson School of Irish Dance 14353 Manchester Road St. Louis, MO 63011

Time: ANY time between 8:00 am to 4:00 pm – Friday July 26, 2024

General Examination Rules:

- a) Exams are limited to THREE taken at the same time. Any number up to 3 may be taken. A 3-month period must elapse before the next grade is attempted.
- b) Examinees must be examined by at least FOUR different examiners up through Grade 10 (and at least 2 up through Grade 6). It is up to you to ensure that you have the requisite number.
- c) Exams must be taken and passed in order. If you pass an exam out of order, An Coimisiun will discard the results.
- d) Grades 5-9 include ceili dances from An Rinci Foirne Ceili. If there are not enough dancers to dance the ceili dances, the examiner will question the candidate on the dance to assess their knowledge of the dance.
- e) Retest policy: If passed, may retake only if approved by CLRG in writing.
- f) No fee refunds will be provided. If you do not pass one exam, you cannot take the next. Please do not register for more than one unless you are confident that you are prepared for all.
- g) **GRADE EXAMS dancers need to bring their own music for their open sets**
- h) Date & Start Time: Friday July 26, 2024, 8:00 a.m. Details regarding arrival time and schedule will be sent to registered examinees closer to the exam date.
- i) Examinations are CLOSED to spectators. Feis staff will enforce this rule. Please do not attempt to watch these competitions.

An Samhra Feis

GRADE EXAMINATIONS – REGISTRATION FORM

St. Louis An Samhra Feis Grade Exam Registration
Friday July 26, 2024 at the Clarkson Studio 8:00 am – 4:00 pm
14353 Manchester Rd., Manchester, MO 63011

Competitor Information:

Competitor Name:		DOB:	
Street Address:			
City:			
State:		Zip Code:	
Dance School:			
Email address:			
Cell Phone number:			

(where you can be reached the day of the exam if needed)

Examination Registration:

Please check the grade examination you wish to enter. A maximum of 3 exams may be attempted at one time.

If you have taken previous exams, please include all of your passed exam certificates, and mark the dates of the exams you passed on this form. This is needed to register for the more advanced grades.

Please write a check out for the total amount due to:

St. Louis An Samhra Feis

Mail this entry form along with your payment to:

Clarkson School of Irish Dance

14353 Manchester Rd.

St. Louis, MO 63011

Email questions to:

MARY_G_CLARKSON@HOTMAIL.COM

If this is your FIRST time taking a grade exam, fill out this form and return with payment.

If you have taken previous exams, please include all of your passed exam certificates.

Complete rules are on page.

Grade	Date Passed	Entry Fee	Subtotal
1		\$ 26.25	
2		\$ 26.25	
3		\$ 26.25	
4		\$ 37.50	
5		\$ 37.50	
6		\$ 37.50	
7		\$ 52.50	
8		\$ 52.50	
9		\$ 52.50	
10		\$ 52.50	
TOTAL DUE:			\$

NO REFUND